

# DEPARTMENT OF APPLIED PSYCHOLOGY



## GOVERNMENT COLLEGE UNIVERSITY, FAISALABAD.

GCUF/PSY/25/ 982

Date: 26-03-2025

Director Academics,  
Government College University, Faisalabad

**Subject: Psychology Courses for Other Departments**

Respected Madam,

As per the Higher Education Commission (HEC) policy updated for BS programs in 2023, adopted by our department in 2024, our department has categorized psychology courses for other departments under the revised framework. The courses are now structured as follows:

**1. General Education – Social Sciences (2 Credit Hours)**

Code	Course Title	Credit hours
PSY-310	Basics of Psychology	2(2-0)

**2. Interdisciplinary/Allied Course (3 Credit Hours)**

Code	Course Title	Credit hours
PSY-321	Introduction to Psychology	3(3-0)

The departments may opt the above mentioned course(s) relevant to the category in accordance with HEC guidelines. Both of these courses and titles were also mentioned in prospectus 2024.

Course outlines and copy of prospectus 2024 are attached.

Thank you.

*Handwritten signature and date*  
26-03-2025

Dr. Rabia Khawar  
Professor  
Chairperson  
Dept. of Applied Psychology  
GC University, Faisalabad

Chairperson  
Department Applied Psychology  
Government College University, Faisalabad

Project		3(0-3)
317	Psychological Research Report and Article Writing	3(0-3)
*THQ-IV	Teaching of the Holy Quran -IV	1(1-0)
<b>Semester 8</b>		
PSY-610	Adult Psychopathology and Assessment	4(4-0)
PSY-612	Psychological Interventions -II	3(3-0)
PSY-615	Drug Addiction and Rehabilitation	3(2-1)
PSY-616	Clinical Placement (Adult)	3(0-3)
PSY-618	Child & Family Psychology	3(3-0)
<b>Course for Other Departments</b>		
PSY-321	Introduction to Psychology	3(3-0)
PSY-310	Basics of Psychology	2(2-0)

## MS Clinical Psychology

<b>Core Courses for MS Clinical Psychology</b>		
PSY-701	Quantitative Research Methods and Data Analysis in Clinical Psychology	3(3-0)
PSY-702	Psycho diagnosis and Assessment-I	3(3-0)
PSY-703	Psychotherapy -I	3(3-0)
PSY-704	Psychophysiology & Psychopharmacology-I	3(3-0)
PSY-705	Clinical Training and Placement-I	3(0-3)
PSY-711	Qualitative Research Methods and Data Analysis in Clinical Psychology	3(3-0)
PSY-712	Psychodiagnosis and Assessment-II	3(3-0)
PSY-713	Psychotherapy -II	3(3-0)
PSY-714	Psychophysiology & Psychopharmacology-II	3(3-0)
PSY-710	Clinical Training and Placement-II	3(0-3)
PSY-715	Clinical Training and Placement-III	4(0-4)
<b>Mandatory Courses for MS Clinical Psychology</b>		
PSY-730	Thesis	6(0-6)
PSY-728	Seminar (General)	1(0-1)
PSY-729	Seminar ( Research )	1(0-1)

PSY-725	III. Health Psychology-II	2(2-0)
PSY-727	IV. Forensic Psychology-II	2(2-0)
PSY-735	V. Industrial Organizational Psychology-II	2(2-0)
PSY-731	VI. Cognitive Psychology-II	2(2-0)
PSY-734	Internship-I /Practical -I	3(0-3)
PSY-747	Internship-II /Practical -II	3(0-3)
<b>Mandatory Courses for PhD Applied Psychology</b>		
PSY-746	Developing Research Proposal	1(0-1)
PSY-758	Seminar (General)	1(0-1)
PSY-759	Seminar ( Research )	1(0-1)
PSY-760	Thesis	--

## Deficiency courses For BA /BSc Students

PSY-401	History & Systems in Psychology	3(3-0)
PSY-402	Developmental Psychology	3(3-0)
PSY-403	Personality Psychology	3(3-0)
PSY-405	Social Psychology	3(3-0)
PSY-407	Biological Basis of Behavior	3(3-0)

## PhD in Applied Psychology

<b>Core Courses for PhD Applied Psychology</b>		
PSY-716	Advanced Research Designs and Data Analysis-I	3(3-0)
PSY-718	Advanced Methods of Assessment	2(2-0)
PSY-717	Advanced Research Designs and Data Analysis-II	3(2-1)
PSY-719	Instrument Development & Psychometric Evaluation	2(2-0)
<b>Optional Courses for PhD Applied Psychology</b>		
PSY-720	I. Clinical Psychology-I	2(2-0)
PSY-722	II. Educational Psychology-I	2(2-0)
PSY-724	III. Health Psychology-I	2(2-0)
PSY-726	IV. Forensic Psychology-I	2(2-0)
PSY-733	V. Industrial Organizational Psychology-I	2(2-0)
PSY-732	VI. Cognitive Psychology-I	2(2-0)
PSY-721	I. Clinical Psychology-II	2(2-0)
PSY-723	II. Educational Psychology-II	2(2-0)

## PMDCP

<b>Semester 1</b>		
Psy-683	Research Methodology and Data Analysis-I	4(3-1)
Psy-685	Psychodiagnosis and Assessment-I	3(3-0)
Psy-687	Psychotherapy -I	3(3-0)
Psy-689	Psychophysiology & Psychopharmacology-I	3(3-0)
Psy-691	Internship	4(0-4)
<b>Semester 2</b>		
Psy-684	Research Methodology and Data Analysis-II	4(3-1)
Psy-686	Psychodiagnosis and Assessment-II	3(3-0)
Psy-688	Psychotherapy -II	3(3-0)
Psy-690	Psychophysiology & Psychopharmacology-II	3(3-0)
Psy-692	Internship	4(0-4)
<b>Summer Semester</b>		
Psy-693	Internship	4(0-4)



## Scheme of Studies BS Applied Psychology

Government  
CAP-630  
Capstone

Psychology & Clinical Psychology

Lecturer: (OPS)  
Specialization: Clinical Psychology & Psychometrics

Dr. Saima Saeed  
Assistant Professor (OPS)  
PhD (PU-Pakistan)  
Specialization: Child Psychology & Psychometrics

Dr. Rabia Maryam  
Assistant Professor (OPS)  
PhD (GCUF-Pakistan)  
Specialization: Clinical Psychology & Educational Psychology

Dr. Abida Kareem  
Assistant Professor (OPS)  
PhD (GCUF-Pakistan)  
Specialization: Clinical Psychology & Counseling Psychology

Dr. Asma Riaz  
Assistant Professor (OPS)  
PhD (GCUF-Pakistan)  
Specialization: Clinical Psychology & Health Psychology

Semester 1		
ENG-321	Functional English	3(3-0)
ISP-321	Ideology and Constitution of Pakistan	2(2-0)
ICT-321	Applications of Information & Communicative Technologies	3(3-0)
BGD-317 / SOC-307	Art, Craft, and Calligraphy / Introduction to Sociology	3(0-3) / 3(3-0)
WSC-321	What is Science?	3(3-0)
PSY-301	Introduction to Psychology-I	3(2-1)
THQ-I	Teaching of The Holy Quran -I	1(1-0)
Semester 2		
ENG-322	Expository Writing	3(3-0)
ISL-321	Islamic Studies / Ethics	2(2-0)
ISL-322	Ethics	2(2-0)
PSY-302	Introduction to Psychology-II	3(2-1)
PSY-304	Introduction to Data in Psychology	2(1-1)
EDU-503	Foundation of Education	3(3-0)
URD-321	Functional Urdu	2(2-0)
MCM-352	Basics of Mass Communication	2(2-0)
PST-321	Pakistan studies	2(2-0)
Semester 3		
CCF-421	Civic and Community Engagement	2(2-0)
QTR-421	Quantitative Reasoning-I	3(3-0)
PSY-401	History & Systems in Psychology	3(3-0)
PSY-403	Personality Psychology	3(3-0)
IAD-465 / IRS-301	Drawing-I / Introduction to International Relations	3(0-3) / 3(3-0)
PSY-405	Social Psychology	3(3-0)
THQ-II	Teaching of The Holy Quran -II	1(1-0)
Semester 4		
QTR-422	Quantitative Reasoning-II	3(3-0)
ENT-422	Entrepreneurship	2(2-0)
PSY-402	Developmental Psychology	3(3-0)
PSY-404	Positive Psychology	3(3-0)
PSY-406	Behavioral Neurosciences	4(4-0)

Semester 5		
IAD-466 / MPH-601	Drawing-II / Foundation of Public Health	3(0-3) / 3(3-0)
PSY-501	Psychological Testing & Measurement-I	3(3-0)
PSY-503	Mental Health and Psychopathology-I	3(3-0)
PSY-505	Research Methodology-I	3(3-0)
PSY-507	Application of Statistics in Psychology	3(2-1)
PSY-509	Cognitive & Affective Processes	4(3-1)
THQ-III	Teaching of The Holy Quran -III	1(1-0)
Semester 6		
PSY-502	Psychological Testing & Measurement-II	3(2-1)
PSY-504	Mental Health and Psychopathology-II	3(3-0)
PSY-506	Research Methodology-II	3(2-1)
PSY-508	Counseling Psychology	4(3-1)
PSY-510	Health Psychology	4(3-1)
Semester 7		
PSY-601	Clinical Psychology-I	3(3-0)
PSY-603	Industrial and Organizational Psychology	3(3-0)
PSY-607	Educational Psychology	4(3-1)
PSY-617	Psychological Research Report and Article Writing	3(0-3)
INT-631	Internship	2(0-2)
THQ-IV	Teaching of The Holy Quran -IV	1(1-0)
Semester 8		
PSY-602	Clinical Psychology-II	4(3-1)
PSY-604	Community Psychology	3(2-1)
PSY-608	Forensic Psychology	3(3-0)
PSY-618	Child & Family Psychology	3(3-0)
CAP-630	Capstone Project	3(0-3)

**Note:** Specialization (Clinical Psychology) will be offered in 7th and 8th semesters.  
BS Applied Psychology with specialization in clinical psychology includes following courses in 7th and 8th semester (for University only).

BS Applied Psychology (Clinical)		
Semester 7		
PSY-609	Psychological Interventions-I	3(3-0)
PSY-611	Child Psychopathology and Assessment	3(3-0)
PSY-613	Clinical Placement (Child)	3(0-3)

**OBJECTIVES**

- a. To describe psychology with major areas in the field, and identify the parameters of this discipline.
- b. To understand the major perspectives on human thought and behavior.
- c. To appreciate the variety of ways psychological data are gathered and evaluated.
- d. To explore the ways that psychological theories are used to describe, understand, predict and control or modify behavior.

**1• Introduction to Psychology**

Definition, applied fields, and goals of psychology

The rise of psychology as a science

Major trends in the development of psychology

Research methods in psychology (observation, experiment, survey)

**2• Sensation, Perception and Attention**

Sensory processing

Vision and Audition

Nature, factor and types of perception

Laws of perceptual organization

Attentional processes and models

**3• Learning and Behavior**

Theories and process of learning

Classical conditioning

Operant conditioning

Cognitive learning

Observational learning

**4• Personality**

Definition and assessment of personality

Psychodynamic, Behaviorist, Humanistic, and Trait Theories of Personality

**5• Social Psychology**

Attitudes and their formation

Prejudice

Social influences and group dynamics

**Text Books**

1. Myers, D.G (2013). Introduction t to psychology. Open University Press
2. Atkinson R. C. & Smith E. E. (2018). Introduction to psychology (13th Ed.). USA:
3. Hayes, N (2010). Foundation of psychology (8<sup>th</sup> Ed.). Thomson Learning.

**OBJECTIVES**

1. To describe psychology with major areas in the field, and identify the parameters of this discipline.
2. To distinguish between the major perspectives on human thought and behavior.
3. To appreciate the variety of ways psychological data are gathered and evaluated.
4. To explore the ways that psychological theories are used to describe, understand, predict and control or modify behavior.

**1. Introduction to Psychology**

Definition, applied fields, and goals of psychology

The rise of psychology as a science

Major trends in the development of psychology

Research methods in psychology (observation, experiment, survey)

**2. Biological Basis of Behavior**

Neural structure and synaptic transmission

Structure and functions of nervous system

Endocrine system

**3. Sensation, Perception and Attention**

Sensory processing

Vision and Audition

Nature, factor and types of perception

Laws of perceptual organization

Attentional processes and models

**4. Learning and Behavior**

Theories and process of learning

Classical conditioning

Operant conditioning

Cognitive learning

Observational learning

#### **5. Memory**

Types of memory (sensory, short term, long-term)

Memory Processes

Models of memory and Forgetting

#### **6. Motivation and Emotion**

Definition and type of motives (primary, secondary, and general)

Basic emotions and culture

Theories and functions of emotions

#### **7. Personality**

Definition and assessment of personality

Psychodynamic, Behavioristic, Humanistic, and Trait Theories of

Personality

#### **8. Intelligence and Assessment of Intelligence**

Definition and Theories of intelligence

The origin of intelligence testing

IQ Testing

#### **9. Abnormal Behavior and Treatment**

Nature and causes of mental disorders

Brief introduction to classification and diagnosis of mental disorders

Brief introduction to treatment approaches

#### **10. Social Psychology**

Attitudes and their formation

Prejudice

## Social influences and group dynamics

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### **References**

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